

March

2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Move Well 6:15pm	8	9 Why Wellness Works 6:15p	10	11 Eat well Functional Nutrition 11:30am	12
13	14	15	16 Dr. Jamey Health Talk @Bridges1pm "www" 6:15p	17	18	19
20	21	22 Think Well Stress Mgmt 6:15pm	23 Why Wellness Works 6:15pm	24 Ideal Protein Weight Loss 6:15pm	25	26
27	28	29 Dump The Junk Detox 6:15pm	30 Why Wellness Works 6:15pm	31		
All Classes are held at King Family Chiropractic 622 East Street unless otherwise indicated						

April

2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5 Detox Class 6:15pm	6 Why Wellness Works 6:15pm	7 "PC" 6:15p	8	9
10	11	12	13 Why Wellness Works 6:15pm	14	15 Bootcamp Ideal Protein Start Date	16
17	18	19	20 Why Wellness Works 6:15pm	21 Pathways Connect (PC) 6:15p	22	23
24	25	26	27 Why Wellness Works 6:15pm	28	29	30

May

2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 Pathways Connect 6:15p	6	7
8	9	10	11	12	13	14
15	16	17	18	19 Pathways Connect 6:15p	20	21
22	23	24	25	26	27	28
29	30	31				

June

2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Pathways Connect 6:15p	3	4
5	6	7	8	9	10	11
12	13	14	15	16 Pathways Connect 6:15p	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

July

2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7 Pathways Connect 6:15p	8	9
10	11	12	13	14	15	16
17	18	19	20	21 Pathways Connect 6:15p	22	23
24	25	26	27	28	29	30
31						

August

2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 Pathways Connect 6:15p	5	6
7	8	9	10	11	12	13
14	15	16	17	18 Pathways Connect 6:15p	19	20
21	22	23	24	25	26	27
28	29	30	31			

September

2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Pathways Connect 6:15p	2	3
4	5	6	7	8	9	10
11	12	13	14	15 Pathways Connect 6:15p	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

October

2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6 Pathways Connect 6:15p	7	8
9	10	11	12	13	14	15
16	17	18	19	20 Pathways Connect 6:15p	21	22
23	24	25	26	27	28	29
30	31					

November

2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Pathways Connect 6:15p	4	5
6	7	8	9	10	11	12
13	14	15	16	17 Pathways Connect 6:15p	18	19
20	21	22	23	24	25	26
27	28	29	30			

December

2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Pathways Connect 6:15p	2	3
4	5	6	7	8	9	10
11	12	13	14	15 Pathways Connect 6:15p	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31